



Physical Development and PE Curriculum Map

Year group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery (2-3 years old)	PRIME AREA- PHYSICAL DEVELOPMENT- Covered through daily provision in activities					
Nursery (3-4 years old)	LEAP INTO LIFE- F1 (repeated areas through the year) Traveling Movements Spatial Awareness Body Management Object Control Social & Cognitive Outcomes Understanding Exercise & Healthy habits PRIME AREA- PHYSICAL DEVELOPMENT- Covered through daily provision in activities					
Reception	LEAP INTO LIFE- F2 (repeated areas through the year) Traveling Movements Spatial Awareness Body Management Object Control Social & Cognitive Outcomes Understanding Exercise & Healthy habits					
	Body Management-	Gymnastics	Dance	Manipulation and co-ordination	Speed, agility, travel	Co-operate and solve problems
Year 1	Send and return	Attack, defend, shoot	Gymnastics	Dance OAA	Hit, run, catch	Run, jump, throw
Year 2	Send and return	Attack, defend, shoot	Gymnastics	Dance OAA	Hit, run, catch	Run, jump, throw
Year 3	Tennis	Tag rugby	Gymnastics	Gymnastics	Netball	Athletics
	Dance	Dance	Handball	OAA	Rounders	Cricket
Year 4	Tennis	Tag rugby	Gymnastics	Gymnastics	Netball	Athletics
	Dance	Dance	Handball	OAA	Rounders	Cricket

Make Great Choice. Be our Best.